

**Information of Video Audition for Choreography Major (For Reference Only)**

**編舞專業考生視頻要求 (只供參考)**

	Video audition content 視頻考試內容
1.	<p>a. Self-introduction 自我介紹</p> <ul style="list-style-type: none"><li>- Name 姓名</li><li>- Age 年齡</li><li>- Information of formal dance training 簡介受過的舞蹈訓練</li></ul> <p>Please explain why you applied for the HKAPA School of Dance. 請說明報考香港演藝學院舞蹈學院的原因</p> <p>b. Physicality 身體條件</p> <ul style="list-style-type: none"><li>- Facing camera, full body must be visible, holding for 5 seconds 面向鏡頭，全身入鏡，正步垂手站立 5 秒鐘</li><li>- Facing front 正面</li><li>- Facing side 側面</li><li>- Facing back 背面</li></ul>
2.	<p>Technique 舞蹈技巧</p> <p><b>Choose one of the specializations below 選擇一項舞種:</b></p> <p><b><u>1. Classical Ballet Technique</u></b> 古典芭蕾舞技術</p> <p>Please provide 10 to 15 minutes of ballet technique class including: 請提供十至十五分鐘的芭蕾舞訓練課內容包括：</p> <ul style="list-style-type: none"><li>a. Barre work 扶把訓練</li><li>b. Centre 中間技術</li><li>c. Allegro 跳</li><li>d. Pointe work (For Female Applicants with Pointe Shoes) 腳尖</li></ul> <p><b><u>2. Contemporary / Modern Dance Technique</u></b> (minimum 10 minutes or maximum 15 minutes long) 現代舞 / 當代舞技巧 (不能少於十分鐘或多於十五分鐘)</p> <p>Including: basic warm up (plie / tendu / spinal roll / leg extensions) 包括基本熱身 (蹲 / 擦地 / 脊椎卷起卷下 / 腿部延伸與控制等)</p>

### Floor work

#### 地面技術

Demonstrating movement cohesion and expansion of the body to move in and out of the floor efficiently with speed.

以快速有效地在地面流動來展示動作的凝聚力和身體的張力。

- weight efficiency 有效地移動重心
- dynamic movement ranges 動作的力度幅度
- variation on movement quality 動作質感的變化

### Travelling / Jumps

#### 移動及跳躍

Dynamic range of movement across the space including variations on jumps.

在空間流動的動作展示，包括不同的跳躍動作。

- a range of movement flow 一系列的流動動作
- use of levels 運用高低的改變
- big/small jumps that should demonstrate an ability to fully stretch legs in the air 做大小跳時能夠展示在空中延伸雙腿的能力
- artistic quality within the movement 展現動作中的藝術性

## **3. Chinese Technique class 中國舞基本功考試**

### **a. 扶把：**

- 半蹲和全蹲（一位）
- 擦地（前、旁、後、）
- 腿部延伸（前、旁、後）
- 胸腰、下大腰（面向旁邊，可慢下手扶地，手推地起身）
- 前後波浪腰（慢）

### **b. 中間：**

- 豎叉（左、右，面向旁，可選擇下後腰，雙托掌）
- 橫叉（面向正前，勾腳、繃腳，雙山膀）
- 搬腿（前、旁、后）
- 踢腿（前腿左右交替，4次；旁腿左右交替，4次）
- 原地踢後腿（左右各4次）

### **c. 跳：**

- 一位（8次）
- 中跳（一位4次）
- 原地蹦跳（直腿2次，團身2次）
- 流動（跑）跳躍

	<p>- 技巧自選 ( 轉、翻身 )</p> <p><b>2.2 民族民間舞 1-3 分鐘</b></p> <p>Chinese Folk Dance</p> <p>- 漢族民間舞組合</p> <p>- 少數民族舞組合</p>
3.	<p>Repertory 劇目</p> <p><b>Choose one of the specializations below 選擇一項舞種:</b></p> <p><b><u>Ballet</u></b> <b><u>Variation</u></b> 古典芭蕾舞變奏</p> <p>Please provide a section of ballet variation from any classical ballet repertoire. 請提供一段選自任何古典芭蕾舞劇目中的古典芭蕾舞變奏片段</p> <p><b><u>Contemporary Dance</u></b></p> <p>Please choose from one of the two options: Repertory, learnt or self-created contemporary dance solo <u>OR</u> free movement improvisation incorporating the 3 tasks given. 請在以下選擇一或者二：劇目，曾經學過的劇目或者自我創作的一段當代舞獨舞，<u>或者</u> 沒有動作風格限制的即興表演，但要包含三個主題。</p> <p>1. Learnt or self-created contemporary dance solo 曾經學過的劇目或者自我創作的當代舞獨舞</p> <p>Perform a learnt solo/variation or self-created contemporary dance solo which should demonstrate a high standard of artistic quality/expression, dynamic range, musicality and a strong sense of performative presence ( minimum 1 minute or maximum 3 minutes long ) 表演一段曾經學過的獨舞或者自我創作的當代舞能夠呈現高水平的藝術性/表現力，動態的幅度，音樂感和強烈的舞臺存在感 ( 不能少於一分鐘或多於三分鐘 )</p> <p>2. Free movement improvisation 沒有動作風格限制的即興表演</p> <p>Free movement improvisation should be spontaneous to display a range of dynamics and movement qualities (minimum 1 minute or maximum 3 minutes long). The free movement improvisation should incorporate the following elements: 沒有動作限制的即興表演應該是通過展示一系列不同質感和力</p>

	<p>度的動作而自然產生的（不能少於一分鐘或多於三分鐘）。即興表演應該包含以下元素：</p> <ul style="list-style-type: none"> <li>- moving from one corner of the space to the opposite corner of the space beginning low and ending as high up from the floor as you can. 從空間的一個角落移動到空間的另一個角落，開始時低，結束時盡可能高。</li> <li>- create movement using circular patterns 使用圓形模式創建動作</li> <li>- use of repetition of movement 使用重複的動作</li> </ul> <p><b><u>Chinese Dance</u></b></p> <ul style="list-style-type: none"> <li>- 自選獨舞片段 2-3 分鐘，風格不限</li> </ul>
4.	<p><b>Other dance skills</b> 其它舞蹈技術</p> <p><b>Choose one of the specializations below 選擇一項舞種:</b></p> <p><b><u>Ballet</u></b></p> <ul style="list-style-type: none"> <li>- Contemporary Dance Phrases 現代舞技術</li> <li>- A combination of Floor work (30 seconds to 1 minute) 現代舞地面訓練組合 ( 30 秒鐘至 1 分鐘 )</li> <li>- A combination of Travelling and Jumps (30 seconds to 1 minute) 現代舞移動及跳躍組合 ( 30 秒鐘至 1 分鐘 )</li> </ul> <p><b><u>Contemporary Dance</u></b></p> <ul style="list-style-type: none"> <li>- hip hop 嘻哈</li> <li>- ballet 芭蕾舞</li> <li>- flamenco 西班牙舞</li> <li>- break dance 霹靂舞</li> <li>- any other dance styles and genres. 任何其他舞蹈風格和流派。</li> <li>- (30 seconds to 1 minute) ( 30 秒鐘 - 1 分鐘 )</li> </ul> <p><b><u>Chinese Dance</u></b></p> <ul style="list-style-type: none"> <li>- 現代舞、當代舞、芭蕾舞，或任何種類舞蹈 ( 1-2 分鐘 )</li> </ul>

5.	<p><b>Choreography</b></p> <ul style="list-style-type: none"> <li>- 2-3 minutes of choreography that self-created. (be expressive, risk taking, bold and original) 2-3 分鐘的自創編舞 ( 展現表現力，敢於冒險，大膽與原創 )</li> <li>- 1-2 minutes of explaining the concept and the intension behind the choreography in verbal. 1-2 分鐘口頭解釋概念及編舞意圖</li> </ul>
#	<p><b>Video criteria</b>  <b>視頻要求</b></p> <ul style="list-style-type: none"> <li>- Video must be filmed at the same location. Full body of applicant must be visible at all times. Video image and sound must be in high quality and consistent.  必須在同一地點錄製視頻，必須從頭至尾全身入鏡，高質像素及音質。</li> <li>- For Ballet: Barre movements must be filmed from a front diagonal angle. Center movements and Solo Variation must be filmed from the front of applicant. Barre movements must be completed in soft ballet shoes. Female Variation must be completed in Pointe shoes.  扶把訓練必須從正面斜角錄製，中間訓練和變奏部分必須從正面錄製，扶把訓練必須穿著芭蕾舞軟鞋，女申請者變奏部分必須穿著芭蕾舞腳尖鞋。</li> <li>- Applicant applying for more than one specialization please submits a separate set of videos for each specialization.  申請者如申請多個專業必須另外提交每個專業的視頻</li> </ul>